

M 100m A

1 Tom Holligan	EDN	10.88
2 Roy Ejiakuekwu	SAL	10.93
3 Elliot Heath	GSW	11.19
4 Jordan Riviere	LVL	11.26
5 Ewan McKnight	WKF	11.50
6 Peter Muirhead	TFV	11.60
7 David Brand	KGA	11.66
8 Damien Shorton	GHD	12.55

M 100m B

1 Alex Boyce	LVL	10.96
2 Kieran Kivlin	EDN	11.10
3 Nathaniel Davis	WKF	11.41
4 Callum McLean	SAL	11.45
5 Declan Brennan	KGA	11.56
6 Adam Simpson	U17	GHD 11.58
7 Darren Daly	GSW	11.60
8 Euan McCallum	TFV	12.60

M 200m A

1 Nathan Selby	SAL	21.50
2 Alex Boyce	LVL	21.58
3 Morro Bajo	EDN	21.77
4 William Rotherforth	U17	WKF 22.24
5 Joe Robertshaw	U17	GHD 22.62
6 David Kerr	GSW	23.28
7 David Brand	KGA	23.48
8 Kieran Ferguson	TFV	24.07

M 200m B

1 Zenon Wisniewski	SAL	22.42
2 Seumas Thomson	EDN	22.50
3 James Quinn	GSW	22.90
4 Declan Brennan	KGA	22.90
5 James Earl-McBorrough	WKF	23.30
6 Jordan Riviere	LVL	24.22
7 Douglas Paul	TFV	24.51
8 James Turnbull	U17	GHD 24.62

M 400m A

1 Callum Roughneen	SAL	49.56
2 Ewan Dyer	KGA	50.38
3 Joe Robertshaw	U17	GHD 50.83
4 William Rotherforth	U17	WKF 51.29
5 Jamie Lewis	GSW	51.73
6 Shawn Wright	TFV	51.98
7 Liam Skyner	U17	LVL 52.66
8 Chris Kelly	EDN	55.34

M 400m B

1 Denver Morrison-Massey	U17	SAL 50.87
2 Adam Simms	GHD	51.87
3 Robbie Cuthbert	KGA	52.25
4 Nathaniel Davis	WKF	53.40
5 Nzimah Akpan	LVL	55.28
6 Corey Hastings	EDN	55.74
7 Patrick Clarke	GSW	57.55
8 Euan McCallum	TFV	1.01.47

M 800m A

1 Charlie Hulson	SAL	1.56.52
2 Peter Loudon	EDN	1.56.91
3 Scott Atkinson	WKF	1.58.13
4 Gary Turner	GSW	2.02.98
5 Niall Curley	KGA	2.03.49
6 Barry Maskell	GHD	2.03.80
7 Chris Manning	U17	LVL 2.16.07

M 800m B

1 Ryan Moore	SAL	2.02.27
2 Robbie Costello	GHD	2.02.69
3 Cameron Crowe	KGA	2.07.00
4 Cameron Gilmour	EDN	2.07.90
5 William Ingram	U17	WKF 2.08.79
6 Andrew Desmond	LVL	2.11.73
7 Patrick Clarke	GSW	2.20.87

M 1500m A

1 Luke Traynor	GSW	4.07.09
2 Callum Greenwood	SAL	4.07.33
3 Ruairidh Miller	EDN	4.20.85
4 Robbie Costello	GHD	4.27.43
5 William Ingram	U17	WKF 4.27.59
6 Callam Grant	U17	LVL 4.30.53
7 Cameron Crowe	KGA	4.32.41

M 1500m B

1 Frazer Glass	GSW	4.22.02
2 David Rich	SAL	4.24.28
3 Daniel Johnston	GHD	4.33.71
4 Scott McAlpine	KGA	4.34.88
5 Michael Cameron	EDN	4.48.63
6 Dean Murray	U17	LVL 6.39.36

M 3000m A

1 Jake Wightman	EDN	8.43.55
2 Luke Traynor	GSW	8.47.59
3 Chris Middleton	SAL	9.04.57
4 Max McNeill	TFV	9.09.92
5 Daniel Johnston	GHD	9.13.59
6 Luke Towers	LVL	9.34.25
7 Ewan Rose	KGA	9.51.02
8 Steven Eastwood	WKF	10.05.59

M 3000m B

1 Dale Colley	TFV	9.21.74
2 Gary Turner	GSW	10.09.54
3 Kyle Conwy	SAL	10.19.22
4 Nzimah Akpan	LVL	10.47.17
5 Cameron Thompson	KGA	11.12.35

M 110mH A

1 John McCall	GSW	14.50
2 Sevmas Thomson	EDN	15.35
3 Sam Hall	GHD	16.19
4 Ewan Dyer	KGA	20.02
5 Peter Muirhead	TFV	20.24

M 110mH B

1 John Mulhern	GSW	16.94
2 Joey Williams	GHD	19.26
3 Lewis Hunter	KGA	22.69

M 400mH A

1 Sevmas Thomson	EDN	57.43
2 Andrew Desmond	LVL	58.65
3 John Mulhern	GSW	59.37
4 James Turnbull	U17 GHD	1.02.98
5 Lewis Hunter	KGA	1.03.98
6 George Haynes	SAL	1.05.25
7 Mathew Sherring-Lucas	U17 WKF	1.05.74
8 Shawn Wright	TFV	1.07.69

M 400mH B

1 Nzimah Akpan	LVL	1.03.34
2 Patrick Clarke	GSW	1.03.49
3 Kieran Ferguson	TFV	1.07.46
4 Alex Bradford	SAL	1.08.50
5 Zach Delaney	KGA	1.08.73
6 Andrew More	EDN	1.08.76
7 Joey Williams	GHD	1.12.93

M 2000m SC A

1 Barry Maskell	GHD	6.30.49
2 Zach Delaney	KGA	6.34.13
3 Matt Holmes	SAL	6.38.74
4 Max McNeill	TFV	6.56.87
5 Gary Turner	GSW	7.07.39
6 Luke Towers	LVL	7.37.39
7 Michael Cameron	EDN	7.54.24

M 2000m SC B

1 Dale Colley	TFV	7.00.82
2 Alex Bradford	SAL	7.01.36
3 Frazer Glass	GSW	7.07.76
4 Scott McAlpine	KGA	7.26.13
5 Callam Grant	U17 LVL	8.10.39
6 Johnathon Boyd	GHD	DNF

M Discus Throw A

1 Ross McManus	EDN	37.34
2 Jack Sheldon	U17 SAL	35.07
3 Edmund Reid	TFV	32.52
4 Damian Murray	KGA	31.62
5 Francis Mulvaney	U17 LVL	29.50
6 Kieran Thackray	WKF	27.27
7 Joey Williams	GHD	26.14
8 David Kerr	GSW	14.17

M Discus Throw B

1 Alex Wort	SAL	33.55
2 Ryan Murray	LVL	28.55
3 Andrew Loudon	EDN	24.38
4 Chris Wood	WKF	24.11
5 Frasier Wright	GHD	19.55
6 Douglas Paul	TFV	15.19
7 Sean Gaffney	GSW	13.84
8 Niall Curley	KGA	12.70

M Hammer Throw A

1 Osian Jones	LVL	62.44
2 Ross McManus	EDN	53.27
3 Edmund Reid	TFV	49.29
4 Reece Straker	GHD	46.79
5 Kieran Thackray	WKF	46.36
6 Josh Booth	U17 SAL	34.24
7 Damian Murray	KGA	32.10
8 Gary Turner	GSW	18.54

M Hammer Throw B

1 Michael Jones	U17 WKF	32.10
2 Liam Wright	U17 GHD	31.45
3 Jack Sheldon	U17 SAL	31.29
4 Andrew Loudon	EDN	27.03
5 Zach Delaney	KGA	18.50
6 Sam Adams	GSW	7.12

M High Jump A

1 Robert Ferguson	EDN	1.95
2 Michael Hartley	LVL	1.95
3 Sean Gaffney	GSW	1.90
4 Callum Blaikie	SAL	1.85
5 Damien Shorten	GHD	1.85
6 Douglas Paul	TFV	1.80
7 James Furlong	U17 WKF	1.75
8 Scott McAlpine	KGA	1.55

M High Jump B

1 Scott McAnally	U17 GHD	1.85
2 Adam Howell	SAL	1.85
3 Jack Lochans	GSW	1.80
4 Corey Hastings	EDN	1.80
5 Craig Jones	LVL	1.70
6 Mathew Sherring-Lucas	U17 WKF	1.65
7 Damian Murray	KGA	1.50

M Javelin Throw A

1 Ryan Higginson	LVL	48.93
2 Brett Daley	GHD	40.35
3 Barney Withall	EDN	38.98
4 Jack Sheldon	U17 SAL	38.34
5 Damian Murray	KGA	36.80
6 Ethan Plumb	U17 WKF	35.20
7 Jack Lochans	GSW	24.06
8 Kieran Ferguson	TFV	8.62

M Javelin Throw B

1 Tom Barton	U17 LVL	40.75
2 Joey Williams	GHD	32.66
3 Kieran Thackray	WKF	29.77
4 Ross McManus	EDN	29.50
5 Scott McApline	KGA	28.12
6 Josh Booth	U17 SAL	19.28
7 Patrick Bowman	GSW	17.42
8 Douglas Paul	TFV	4.63

M Long Jump A

1 Craig Jones	LVL	6.69
2 Jordan Newport	EDN	6.49
3 Adam Howell	SAL	6.43
4 Peter Muirhead	TFV	6.23
5 Adam Simpson	U17 GHD	6.17
6 Chris Harris	WKF	6.04
7 Patrick Bowman	GSW	5.39
8 Lewis Hunter	KGA	4.97

M Long Jump B

1 Douglas Paul	TFV	5.96
2 Andrew Desmond	LVL	5.90
3 Corey Hastings	EDN	5.70
4 Benjamin Frankish	U17 WKF	5.65
5 Robert Willshire	SAL	5.19
6 Jamie Lewis	GSW	5.10
7 Rhys Patterson	KGA	4.45
8 Mark Purkis	GHD	2.72

M Pole Vault A

1 Sam Adams	GSW	4.00
2 David Campbell	U17 SAL	3.60
3 Andrew Jones	U17 WKF	3.20
4 Dean Murray	U17 LVL	2.90
5 Callum Robertson	EDN	2.45
6 Mark Purkis	GHD	2.00

M Pole Vault B

1 Chris Manning	U17 LVL	2.15
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M Shot Putt A

1 Edmund Reid	TFV	13.24
2 Ryan Murray	LVL	13.05
3 Ross McManus	EDN	12.63
4 Alex Work	SAL	11.00
5 Damian Murray	KGA	10.76
6 Kieran Thackray	WKF	10.00
7 Damien Shorten	GHD	9.80
8 John Mulhern	GSW	9.31

M Shot Putt B

1 Francis Mulvaney	U17 LVL	12.19
2 Josh Booth	U17 SAL	10.58
3 Hamish Campbell	EDN	10.39
4 Declan Brennan	KGA	8.85
5 Liam Wright	U17 GHD	8.81
6 Chris Wood	WKF	8.70
7 John McCall	GSW	7.99
8 Max McNeill	TFV	3.86

M Triple Jump A

1 Ben Porter	GHD	14.02
2 Adam Howell	SAL	13.27
3 Craig Jones	LVL	12.71
4 Peter Muirhead	TFV	12.29
5 Jordan Newport	EDN	12.02
6 Jack Lochans	GSW	11.70
7 Matthew Sherring-Lucas	U17 WKF	11.34
8 David Brand	KGA	9.99

M Triple Jump B

1 Robert Wiltshire	SAL	12.36
2 Callum Jones	EDN	11.53
3 Shawn Wright	TFV	10.95
4 Scott McAnally	U17 GHD	10.82
5 Elliot Heath	GSW	10.31

W 100m A

1 Olivia Callaghan	SAL	12.06
2 Rachel Highfield	GHD	12.16
3 Grace Eyles	WKF	12.26
4 Chloe Lambert	GSW	12.47
5 Kate Wyper	LVL	12.82
6 Louise Russel	KGA	12.87
7 Rachel Dinsdale	EDN	13.19
8 Emma Boyle	U17 TFV	13.68

W 100m B

1 Rebecca Watts	WKF	12.38
2 Brogan Crowley	SAL	12.44
3 Georgia Dawson	GHD	12.93
4 Arlene Barr	GSW	12.97
5 Darcy-Lee Moran	U17 LVL	13.00
6 Becky Caswell	EDN	13.17
7 Hollie Keanie	KGA	13.18
8 Rachel Manson	U17 TFV	13.89

W 200m A

1 Grace Eyles	WKF	24.43
2 Chloe Lambert	GSW	24.59
3 Rachel Highfield	GHD	24.70
4 Olivia Callaghan	SAL	25.02
5 Kate Wyper	LVL	26.30
6 Rachel Dinsdale	EDN	26.96
7 Sarah Connor	KGA	27.04
8 Emma Boyle	U17 TFV	28.23

W 200m B

1 Stephanie Addison	GHD	25.97
2 Rebecca Watts	WKF	26.07
3 Jessica Hodsmen	U17 SAL	26.48
4 Darcy-Lee Moran	U17 LVL	26.62
5 Juliet Gold	GSW	27.11
6 Lizzie Wells	EDN	27.12
7 Hollie Keanie	KGA	28.59
8 Rachel Manson	U17 TFV	29.11

W 400m A

1 Laura Shanley	LVL	56.01
2 Diane Ramsay	GSW	56.55
3 Tyra Watson	SAL	57.06
4 Sally Smith	WKF	57.32
5 Charmanie Ponter	GHD	1.00.78
6 Erin Boddie	EDN	1.01.51
7 Alison Craig	KGA	1.03.48
8 Amy Manson	TFV	1.03.86

W 400m B

1 Zoe Kerins	U17 WKF	59.84
2 Rosie Wilson	EDN	1.00.00
3 Stella Winters	GSW	1.00.47
4 Jessica Hodsmen	U17 SAL	1.00.87
5 Becky Mills	GHD	1.03.38
6 Holly Barrett	LVL	1.05.28
7 Kirsty Forsyth	U17 TFV	1.05.77
8 Chloe Nethery	KGA	1.21.80

W 800m A

1 Iona Brodie	KGA	2.16.23
2 Becky Mills	GHD	2.24.30
3 Amy Smith	EDN	2.26.05
4 Bethan Flynn	LVL	2.29.12
5 Abigail Fitton	U17 SAL	2.33.80
6 Juliet Gold	GSW	2.57.39

W 800m B

1 Emily Strathpee	EDN	2.29.88
2 Chloe Yates	U17 SAL	2.33.13
3 Charlotte Evans	U17 LVL	2.42.87
4 Kirsty Hutton	KGA	2.45.04
5 Sarah Purkis	GHD	3.29.67

W 1500m A

1 Katherine Walker	LVL	4.53.15
2 Iona Brodie	KGA	4.57.06
3 Rosie Wilson	EDN	5.28.93
4 Chloe Yates	U17 SAL	5.31.06
5 Roisin Bonucchi	U17 TFV	5.35.73
6 Rebecca Oram	GHD	5.36.57
7 Juliet Gold	GSW	8.01.09

W 1500m B

1 Olivia Perez	LVL	5.00.70
2 Katie Watson	EDN	5.33.36
3 Kirsty Hutton	KGA	6.13.29
4 Katie Taylor	GHD	6.14.40
5 Chloe-Anne McGregor	TFV	7.59.86
6 Kirsty Yates	GSW	8.10.08

W 3000m A

1 Hannah Whiteside	LVL	10.49.17
2 Amy Franflin	EDN	11.27.49
3 Imani Modahl	U17 SAL	11.38.81
4 Jennifer Cruickshank	KGA	11.39.53
5 Lana Turnbull	TFV	11.45.91
6 Rebecca Oram	GHD	11.53.71
7 Diane Ramsay	GSW	14.29.31

W 3000m B

1 Rebecca Donohue	LVL	11.58.58
2 Rachel Hunter	KGA	15.22.02

W 100mH A

1 Brogan Crowley	SAL	14.45
2 Hazel Ross	GSW	14.60
3 Eleanor Newton	LVL	15.63
4 Yasmin Milne	EDN	15.68
5 Naomi Fox	KGA	16.35
6 Bethany Porter	WKF	16.75
7 Charlotte Sadler	GHD	17.66
8 Chloe-Anne McGregor	TFV	20.73

W 100mH B

1 Marnie Wells-Nichols	U17 SAL	15.30
2 Shona Doig	KGA	16.41
3 Jenny Potter	LVL	18.13
4 Chloe Wilson	GHD	21.40

W 400mH A

1 Bethany Sharp	WKF	1.06.52
2 Isla McKenzie	EDN	1.07.46
3 Erin Stewart	U17 LVL	1.09.68
4 Charlotte Sadler	GHD	1.11.69
5 Naomi Fox	KGA	1.11.80
6 Roisin Bonucchi	U17 TFV	1.17.60
7 Abigail Fitton	U17 SAL	1.19.46

W 400mH B

1 Bethany Porter	WKF	1.11.35
2 Chloe Wilson	GHD	1.13.89
3 Kerry Ann Hastings	EDN	1.15.64
4 Eleanor Newton	LVL	1.16.12
5 Jennifer Cruickshank	KGA	1.24.85
6 Kirsty Forsyth	U17 TFV	1.34.62

W 1500m Sc A

1 Dani Braithwaite	GHD	5.16.38
2 Emily Greenan	U17 TFV	5.35.89
3 Emily Strathpee	EDN	5.53.46
4 Jennifer Cruickshank	KGA	6.01.25
5 Nicola Mackay	GSW	8.27.24

W 1500m Sc B

1 Becky Mills	GHD	5.49.12
2 Lana Turnbull	TFV	6.06.53
3 Rachel Hunter	KGA	7.34.04

W Discus Throw A

1 Kimberley Reed	EDN	35.68
2 Charlotte Dickinson	SAL	31.45
3 Hannah Yates	WKF	30.37
4 Rebecca Johnstone	KGA	26.94
5 Rebecca Simpson	GHD	25.34
6 Jacqueline Plain	TFV	24.01
7 Alex Gowing	LVL	18.65
8 Kirsty Yates	GSW	17.80

W Discus Throw B

1 Paula Gass	EDN	30.62
2 Jasmine Burke	SAL	25.93
3 Emma Logan	KGA	25.72
4 Kayleigh Brown	GHD	23.38
5 Jessica Eyles	U17 WKF	19.45
6 Hannah Burgon	U17 LVL	12.65
7 Kate Kennedy	GSW	12.37
8 Amy Manson	TFV	10.77

W Hammer Throw A

1 Kimberley Reed	EDN	52.35
2 Jacqueline Plain	TFV	47.13
3 Rebecca Simpson	GHD	38.67
4 Chloe Nethery	KGA	36.10
5 Jenny Potter	LVL	35.99
6 Jasmine Burke	SAL	30.49
7 Hannah Yates	WKF	28.08
8 Nicola Mackay	GSW	22.79

W Hammer Throw B

1 Kelly Bodley	EDN	40.36
2 Emma Logan	KGA	17.24
3 Amy Manson	TFV	5.98

W High Jump A

1 Hazel Ross	GSW	1.65
2 Marnie Wells-Nichols	U17 SAL	1.60
3 Kerry Ann Hastings	EDN	1.55
4 Aylish Mackenzie	U17 LVL	1.55
5 Grace Eyles	WKF	1.55
6 Roisin Bonucchi	U17 TFV	1.40
7 Charmanie Porter	GHD	1.40
8 Sarah Allan	KGA	1.40

W High Jump B

1 Nikki Manson	GSW	1.65
2 Alexandra Hastie	U17 SAL	1.50
3 Rita Yates	WKF	1.50
4 Katie Roberson	EDN	1.45
5 Charlotte Sadler	GHD	1.35
6 Hannah Cameron	KGA	1.35
7 Chloe-Anne McGregor	TFV	1.30

W Javelin Throw A

1 Paula Gass	EDN	38.03
2 Nikki Manson	GSW	35.02
3 Brogan Crowley	SAL	30.38
4 Carrie Lamb	GHD	23.53
5 Alex Gowing	LVL	23.19
6 Abigail Roberts	U17 WKF	22.75
7 Rebecca Johnstone	KGA	21.32
8 Lana Turnbull	TFV	11.31

W Javelin Throw B

1 Charlotte Dickenson	SAL	26.05
2 Rachel Hunter	KGA	21.05
3 Hannah Yates	WKF	20.28
4 Kimberley Reed	EDN	15.90
5 Rebecca Simpson	GHD	14.87
6 Eleanor Newton	LVL	14.34
7 Stella Winters	GSW	11.43
8 Amy Manson	TFV	10.82

W Long Jump A

1 Faye Nicholson	EDN	5.64
2 Lisa James	SAL	5.51
3 Kirsten Galbraith	KGA	5.36
4 Louise Anderson	TFV	5.14
5 Bethany Porter	WKF	4.98
6 Sarah Purkis	GHD	4.91
7 Aylish McKenzie	U17 LVL	4.36
8 Arlene Barr	GSW	4.31

W Long Jump B

1 Emily Batchelor	U17 TFV	5.06
2 Lizzie Wells	EDN	4.85
3 Rebecca Watts	WKF	4.65
4 Alison Craig	KGA	4.61
5 Carla McMullen	GHD	4.41
6 Kate Anson	LVL	4.23
7 Lydia Randles	U17 SAL	4.04
8 Stella Winters	GSW	3.75

W Pole Vault A

1 Abigail Roberts	WKF	3.40
2 Kirsten Mullen	KGA	2.90
3 Rebecca Donohue	LVL	2.30
4 Kerry Ann Hastings	EDN	2.00
5 Charlotte Sadler	GHD	1.85

W Pole Vault B

1 Hannah Burgon	U17 LVL	2.00
2 Sarah Purkis	GHD	1.70

W Shot Putt A

1 Kirsty Yates	GSW	14.94
2 Brogan Crowley	SAL	10.59
3 Emma Logan	KGA	9.96
4 Kayleigh Brown	GHD	9.50
5 Paula Gass	EDN	9.38
6 Hannah Yates	WKF	8.56
7 Jacqueline Plain	TFV	7.83
8 Jenny Potter	LVL	6.92

W Shot Putt B

1 Charlotte Dickinson	SAL	10.37
2 Nicola Mackay	GSW	8.87
3 Bethany Porter	WKF	8.29
4 Rebecca Johnstone	KGA	8.15
5 Kerry Bodley	EDN	7.17
6 Rebecca Simpson	GHD	6.76
7 Alex Gowing	LVL	6.64
8 Kirsty Forsyth	U17 TFV	5.90

W Triple Jump A

1 Lisa James	SAL	11.20
2 Hannah Pringle	GHD	11.02
3 Emily Batchelor	U17 TFV	10.48
4 Aylish Mackenzie	U17 LVL	10.32
5 Rachel Dinsdale	EDN	10.30
6 Alison Craig	KGA	9.87
7 Nikki Manson	GSW	9.75
8 Zoe Kerins	U17 WKF	8.59

W Triple Jump B

1 Kate Wyper	LVL	10.14
2 Louise Anderson	TFV	9.88
3 Lizzie Wells	EDN	9.26
4 Chloe Lambert	GSW	9.13
5 Rebecca Watts	WKF	8.42
6 Shona Doig	KGA	7.82

W 4x100m Relay

1	SAL	49.53	1	Lisa James		2	Tyra Watson	
			3	Marnie Wells-Nichols	U17	4	Olivia Callaghan	
2	GSW	49.65	1	Diane Ramsay		2	Hazel Ross	
			3	Juliet Gold		4	Chloe Lambert	
3	GHD	49.86	1	Rachel Highfield		2	Chloe Wilson	
			3	Geagia Dawson		4	Stephanie Addison	
4	WKF	50.70	1	Bethany Porter		2	Rebecca Watts	
			3	Bethany Sharp		4	Grace Eyles	
5	LVL	50.76	1	Eleanor Newton		2	Darcy-Lee Moran	U17
			3	Kate Wyper		4	Laura Shanley	
6	EDN	50.93	1	Faye Nicholson		2	Becky Caswell	
			3	Yasmin Milne		4	Lizzie Wells	
7	KGA	51.79	1	Sarah Connor		2	Louise Russel	
			3	Hollie Keanie		4	Alison Craig	
8	TFV	53.47	1	Emma Boyle	U17	2	Louise Anderson	
			3	Emily Batchelor	U17	4	Rachel Manson	U17

W 4x400m Relay

1	GSW	4.01.17	1	Stella Winters		2	Nikki Manson	
			3	Chloe Lambert		4	Diane Ramsay	
2	SAL	4.05.32	1	Olivia Callaghan		2	Lydia Randles	U17
			3	Jessica Hodsmen	U17	4	Tyra Watson	
3	WKF	4.06.38	1	Zoe Kerins	U17	2	Jessica Eyles	U17
			3	Bethany Sharp		4	Sally Smith	
4	GHD	4.07.83	1	Dani Braithwaite		2	Becky Mills	
			3	Stephanie Addison		4	Charmanie Ponter	
5	LVL	4.08.00	1	Bethan Flynn		2	Erin Stewart	U17
			3	Holly Barrett		4	Laura Shanley	
6	EDN	4.13.22	1	Faye Nicholson		2	Erin Boddie	
			3	Rosie Wilson		4	Isla McKenzie	
7	KGA	4.39.69	1	Alison Craig		2	Hollie Keanie	
			3	Naomi Fox		4	Iona Brodie	
8	TFV	4.44.67	1	Amy Manson		2	Kirsty Forsyth	U17
			3	Lana Turnbull		4	Roisin Bonucchi	U17

M 4x100m Relay

1	SAL	42.68	1	Chris Rushton		2	Callum Roughneen	
			3	Callum McLean		4	Roy Ejiakuekwu	
2	KGA	44.39	1	Robbie Cuthbert		2	Ewan Dyer	
			3	Declan Brennan		4	David Brand	
3	LVL	44.44	1	Jack Bowden	U17	2	Alex Boyce	
			3	Craig Jones		4	Jordan Riviere	
4	GSW	45.71	1	James Quinn		2	Darren Daly	
			3	Elliot Heath		4	Jack Lochans	
5	GHD	45.85	1	Damien Shorten		2	Sam Hall	
			3	Brett Daley		4	Adam Simpson	U17
6	WKF	DNF						
7	EDN	DISQ						
8	TFV	DISQ						

M 4x400m Relay

1	LVL	3.25.09	1	Chris Manning	U17	2	Nzimah Akpan
			3	Liam Skyner		4	Alex Boyce
2	GSW	3.25.53	1	David Kerr		2	Jamie Lewis
			3	John McCall		4	John Mulhern
3	EDN	3.26.53	1	Peter Loudon		2	Sevmass Thomson
			3	Jake Wightman		4	Kieran Kivlin
4	SAL	3.26.85	1	Callum Roughneen		2	Ryan Moore
			3	George Haynes		4	Denver Morrison-Massey U17
5	KGA	3.33.82	1	Niall Curley		2	Lewis Hunter
			3	Robbie Cuthbert		4	Ewan Dyer
6	GHD	3.37.02	1	Joe Robertshaw	U17	2	Adam Simms
			3	James Turnbull	U17	4	Robbie Costello
7	WKF	3.43.98	1	Ewan McKnight		2	Nathaniel Davis
			3	William Rotherforth	U17	4	Scott Atkinson
8	TFV	3.52.40	1	Dale Colley		2	Shawn Wright
			3	Max McNeill		4	Kieran Ferguson

PRIOR STANDINGS				MATCH RESULT				LEAGUE STANDINGS			
	Event	Lge		Event	Lge		Event	Lge	Event	Lge	
1	EDN	507.5	8	1	SAL	498	8	1	Sale Harriers(Manchester)	997.5	15
2	SAL	499.5	7	2	EDN	478	7	2	Team Edinburgh	985.5	15
3	GHD	459.5	6	3	LVL	460	6	3	Gateshead Harriers & AC	895.5	11
4	GSW	406.5	5	4	GHD	436	5	4	Team Glasgow	802.5	9
5	WKF	404	4	5	GSW	396	4	5	Liverpool Harriers & AC	838	8
6	KGA	403.5	3	6	KGA	392	3	6	Kingdom Athletics	795.5	6
7	LVL	378	2	7	WKF	343	2	7	Wakefield D. H. & AC	747	6
8	TFV	342.5	1	8	TFV	301	1	8	Team Forth Valley	643.5	2

Athlete of the Match: Nathan Selby - 200m - 21.50
 Grace Eyles - 200m - 24.43

Note(s)

GHD Includes + 35pts,
 KGA Includes + 35pts,
 LVL Includes + 35pts,
 SAL Includes + 35pts,
 EDN Includes + 35pts,
 TFV Includes + 35pts,
 GSW Includes + 35pts,
 WKF Includes + 35pts,

M 100m

1 Morro Bajo	U17 EDI	10.76
2 Chris Rushton	SAL	11.31
3 David Kerr	GLA	11.34
4 James Quinne	GLA	11.43
5 Chris Kelly	EDI	11.56
6 Kobe Fo	U17 SAL	11.97
7 Lydia Randles	U17 SAL	13.26

M 100m

1 Nathan Selby	SAL	10.83
2 Zenon Wisniewski	SAL	11.21
3 James Earl-Mcborrough	WAK	11.39
4 Marcus Hastings	WAK	11.40
5 Rhys Patterson	U17 KIN	11.76
6 Mathew Sherring-Lucas	U17 WAK	11.77

M 200m

1 Ewan McKnight	WAK	23.58
2 Kobe Fo	U17 SAL	23.96
3 Sean Gaffney	GLA	24.84

M 200m

1 Elliot Heath	GLA	22.31
2 Marcus Hastings	WAK	23.13

W Shot Putt

1 Marnie Wells-Nichols	U17 SAL	8.09
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M Shot Putt

1 Andrew Loudon	EDI	10.59
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W Javelin Throw

1 Lydia Randles	U17 SAL	20.69
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W High Jump

1 Katie Kennedy	GLA	1.50
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